




Plant Therapy®
ESSENTIAL OILS

DIY PEST SPRAY

WHAT YOU'LL NEED:

Nature Shield (or KidSafe
Shield Me)

Fill your bottle with the
carrier of your choice
(vodka or water/witch hazel
with an added preservative)

Polysorbate 20
4oz Spray Bottle

WHAT YOU'LL DO:

1. Fill the 4 oz spray bottle with your carrier almost to the top.
2. Add 72 drops of Nature Shield for a 2% dilution.
3. Add 1 teaspoon of polysorbate 20 (emulsifier).

