

TOP 20 OILS FOR



ESSENTIAL OILS

CONSTITUENTS

(therapeutic properties that aid in relaxation)

Amyris (<i>Amyris balsamifera</i>)	Valerenol
Australian Sandalwood (<i>Santalum spicatum</i>)	(Z)- α -Santalol, (Z)- β -Santalol
Basil Linalool (<i>Ocimum basilicum</i>)*	Linalool, Myrcene
Bergamot (<i>Citrus bergamia</i>)	Linalyl Acetate, Linalool
Blue Tansy (<i>Tanacetum annuum</i>)	Chamazulene, Myrcene
Clary Sage (<i>Salvia sclarea</i>)	Linalyl Acetate, Linalool
Coriander Seed (<i>Coriandrum sativum</i>)	Linalool
Egyptian Geranium (<i>Pelargonium x asperum</i>)	Citronellol
Ho Wood (<i>Cinnamomum camphora</i>)	Linalool
Jasmine Absolute (<i>Jasminum sambac</i>)	Linalool
Lavender (<i>Lavandula angustifolia</i>)	Linalool, Linalyl Acetate
Mandarin (<i>Citrus reticulata</i>)	Myrcene
Neroli (<i>Citrus x aurantium</i>)	Linalool, Linalyl Acetate, α -Terpineol
Sweet Marjoram (<i>Origanum majorana</i>)	Terpinene, Linalool, Myrcene
Roman Chamomile (<i>Chamaemelum nobile</i>)	Isobutyl Angelate, Methylallyl Angelate
Rose Absolute (<i>Rosa x centifolia</i>)	Citronellol, Phenyl Ethyl Alcohol
Thyme Linalool (<i>Thymus vulgaris</i>)	Linalool
Vetiver (<i>Vetiveria zizanioides</i>)	Khusimol, Vetivone, α -Vetivone, β -Vetivone
Virginian Cedarwood (<i>Juniperus virginiana</i>)	Cedrol
Ylang Ylang Complete (<i>Cananga odorata</i>)*	Linalool, Geraniol

*Not KidSafe®

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