

# The Ultimate Spring Cleaning Checklist

## Supplies

- Glass Cleaner □ Multi-Surface Cleaner □ Reusable Glass Spray Bottles
- Wool Dryer Balls □ Laundry Essential Oil Blends □ Linen and Room Spray
- Carpet Refresher □ Scrubber □ Sponge □ Rag □ Mop and Bucket □ Vacuum

## Kitchen

- Wipe down the windows with Glass Cleaner
- Clean countertops with Multi-Surface Cleaner
- Scrub stovetop and oven
- Wipe down the microwave inside and out
- Toss out any old food sitting in your fridge
- Wipe down the fridge
- Clean inside of the dishwasher
- Sanitize and clean the sink
- Organize kitchen drawers (yes, including the junk drawer)
- Ditch the expired food in the pantry
- Sweep the floors
- Mop the floors
- Wipe down cabinet doors with the Multi-Surface Cleaner
- Don't forget the handles and knobs!

## Bedrooms

- Dust the shelves and dressers
- Organize the closet
- Pack up your sweaters for the summer
- Donate clothes that don't fit
- Wash bed sheets and pillow cases
- Fluff throw pillows
- Wipe down the windows with Glass Cleaner
- Vacuum the carpet/rugs after using Carpet Refresher
- Refresh bedrooms with Linen and Room Spray
- Give yourself a minute to take in your clean sleep oasis

## Laundry Room

- Catch up on laundry with Wool Dryer Balls and Laundry Blends
- Wipe down exterior of the washer and dryer
- Clean out the lint trap
- Living Room
- Clean light fixtures
- Sprinkle a little Carpet Refresher and then Vacuum the carpet/rugs
- Wipe down the furniture
- Vacuum under couch cushions
- Dust off decor and wall art
- Wipe down the windows with Glass Cleaner
- Dust shelves
- Dust off TV/TV stand and accessories
- Diffuse your favorite Plant Therapy essential oils!

## Bathrooms

- Scrub the bathtub
- Clean the toilet
- Wipe down bathroom countertops with Multi-Surface Cleaner
- Organize bathroom cabinets and drawers
- Check expiration dates on any toiletries/makeup
- Ditch said expired toiletries/makeup
- Wipe down the mirror/vanity with Glass Cleaner
- Wipe down cabinet doors (don't forget the knobs and handles!)
- Sanitize and clean the sink
- Mop the floors
- Give yourself a much needed pat on the back for finishing your spring cleaning checklist!