



Plant Therapy®
KidSafe®

KIDSAFE ORGANIC BLENDS SET GUIDE

ORGANIC CALMING THE CHILD®

ORGANIC GERM DESTROYER®

ORGANIC IMMUNE BOOM™

ORGANIC NIGHTY NIGHT™

ORGANIC SHIELD ME™

ORGANIC STUDY TIME™



Whether you need help calming the kids down, getting them to focus on their schoolwork, or fighting off seasonal threats, this is the set for you.

ORGANIC CALMING THE CHILD

With the soothing scents of Mandarin, Tangerine, Lavender, and Roman Chamomile, Organic Calming The Child is a naturally safe way to slow revved-up minds, ease emotions, or encourage sleep. Plus it smells amazing!

SCENTED CALMING CRAYONS

What you'll need:

- Silicone mold
- Crayons (no wrappers)
- Cookie sheet
- Oven
- Stirring rod or toothpicks
- Organic Calming the Child

What you'll do:

Preheat the oven to 250 degrees. Break crayons into small pieces. Fill molds. Place molds on cookie sheets and place in oven. Once melted, remove from oven and allow to cool but not harden, then add a few drops of Organic Calming the Child to each and stir well. We recommend a 2% dilution. Place in the freezer until hardened. Remove from mold and enjoy!

ORGANIC GERM DESTROYER

Utilizing the potent properties of Black Spruce, Sweet Marjoram, Lavender, Rosalina, and Lemon, Organic Germ Destroyer may help protect the whole family from seasonal threats and support recovery when illness does strike.

ORGANIC IMMUNE BOOM

With Lemon, Palmarosa, Petitgrain, Frankincense Carterii and more, this blend was made to help support a healthy immune system. Reach for Organic Immune Boom to help keep your child healthy and encourage clear airways.

TOILET BOMBS (20-COUNT)

What you'll need:

- 1 ½ cups baking soda
- ¾ cups citric acid
- 2 Tbsp vinegar
- 60 drops Organic Germ Destroyer
- Molds (muffin tin works)

What you'll do:

Mix baking soda, citric acid, essential oils, and vinegar. When mixture is moist enough to stick (but not wet), fill up the molds. Allow to dry for around 2 hours. Pop-out of molds, drop one in your toilet bowl to freshen up your bathroom, save the rest for later.

FOAMING HAND SOAP

What you'll need:

- ½ cup Castile Soap
- 1 tsp Fractionated Coconut Oil
- 1 cup purified water
- 1 foaming pump bottle
- 30-40 drops Organic Immune Boom

What you'll do:

Mix all of the ingredients together and pour them into the foaming pump bottle. Shake, pump, wash, and enjoy!

ORGANIC NIGHTY NIGHT

Does your child have trouble calming down before bedtime? Organic Nighty Night helps create a more calming atmosphere so that you and your child can relax before bedtime. Nighty Night promotes overall relaxation and deep sleep.

BEDTIME BATH BLEND

What you'll need:

- Fragrance-free shampoo or body wash
- Organic Nighty Night
- ½ cup of Epsom salt

What you'll do:

Add a few drops of Organic Nighty Night to one tablespoon of shampoo/body wash and mix into a warm nighttime bath. Add Epsom salt if desired.

ORGANIC SHIELD ME

By combining Citronella, Pink Grapefruit, Bourbon Geranium, Rosalina, and Patchouli, Organic Shield Me can help the whole family enjoy the great outdoors with an all-natural, effective barrier. You can apply Organic Shield Me topically (when diluted) or even diffuse it outside to ward off outdoor annoyances.

BUGS-BE-GONE OIL

What you'll need:

- 2 oz Fractionated Coconut Oil
- 40 drops Organic Shield Me

What you'll do:

Add 40 drops of Organic Shield Me to 2 ounces of Fractionated Coconut Oil. Shake well, then apply to arms, legs, and neck before going outdoors.

ORGANIC STUDY TIME

The balancing and calming oils used in Organic Study Time were chosen because of their capacity to help kids concentrate. Whether they struggle at school or get sidetracked at home, Organic Study Time can help.



STUDY-TIME INHALER

What you'll need:

- Aromatherapy inhaler
- 5-10 drops Organic Study Time

What you'll do:

Add 5-10 drops of Organic Study Time to your child's personal aromatherapy inhaler to help them focus.

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