



WELLNESS SAMPLER SET

ESSENTIAL OIL BLENDS

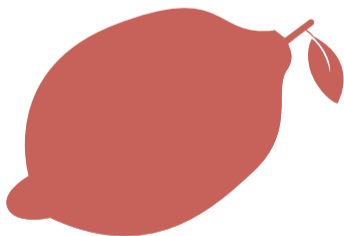
GERM FIGHTER® | IMMUNE AID™ | RESPIR AID™

TOTAL NET 1 FL. OZ./30 mL (3 X 1/3 FL. OZ. /10 mL)



WELLNESS SAMPLER SET GUIDE

This set has powerful blends that can help you breathe easier, boost your immune system, and protect yourself from seasonal threats.



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GERM FIGHTER

The best defense is a good offense. During flu season, use Germ Fighter. We've blended together some of our most effective essential oils to help your body fight off outside threats, or assist in recovery after a bout of illness. Plus, this blend of Lemon, Clove Bud, Eucalyptus Globulus, Cinnamon Cassia and Rosemary 1,8-Cineole smells great!

GERM FIGHTER ALL-PURPOSE CLEANER

What you'll need:

- 1 cup peroxide
- 1 cup distilled water
- 45 drops Germ Fighter
- 1 tsp Castile Soap or Sal-Suds

What you'll do:

Add all ingredients to a spray bottle and shake well. Spray onto surfaces and wipe off to clean. Store in the refrigerator for up to one week.

IMMUNE AID

The demands and stressors of our daily lives can wreak havoc on our immune systems. Plant Therapy is here to help with our Immune Aid Blend. The health benefits of Frankincense Serrata, Tea Tree, Rosemary 1,8-Cineole, Lemon, Eucalyptus Globulus and Sweet Orange are numerous and can help support weary minds and bodies.

FOAMING HAND SOAP

What you'll need:

- ½ cup Castile Soap
- 1 tsp Fractionated Coconut Oil
- 1 cup purified water
- 1 foaming pump bottle
- 30-40 drops Immune Aid

What you'll do:

Mix all of the ingredients together and pour them into the foaming pump bottle. Shake, pump, wash, and enjoy!

RESPIR AID

Individually, Eucalyptus Globulus, Peppermint, Scots Pine, Lavender, Black Spruce, Cypress and Sweet Marjoram each encourage healthy respiratory system function. Together, the soothing and cooling properties of the oils in this blend create a respiratory-system-supporting powerhouse that helps clear congestion and allows you to breathe easier.

BREATHE EASY VAPOR RUB

What you'll need:

- 2 oz tin containers
- 5 oz Beeswax Pearls
- 5 oz coconut oil (solid)
- 36 drops Respir Aid

What you'll do:

Melt beeswax and coconut oil together over a double boiler. Remove from heat and stir in Respir Aid. Pour into tins. Allow to cool. This vapor rub has a shelf life of one year when stored in a cool, dark place.